



2024 DSANV AIM HIGHER 2.1 CHALLENGE SESSION DETAILS

Location: All [2024 DSANV AIM HIGHER 2.1 CHALLENGE](#) in-person sessions will be held at the George Mason University Field House and/or the outdoor track located next to the Field House. As the weather warms up in late March and April, in-person sessions may move to the outdoor track next to the Field House, weather permitting.

George Mason University Field House & Outdoor Track
[4501 University Dr.](#)
[Fairfax, VA 22030](#)

Parking: For those who are driving participants to in-person sessions, George Mason parking passes will be provided upon check-in to each session. Field House bleachers are available for those observing the in-person sessions.



Session Details: Program Week-1:

(2/14/24 – 2/20/24)

- 2/14/24 (Wed) - Virtual Kickoff Call @ 7:30pm
- 2/19/24 (Mon) - In-person session @ 7:00pm

Program Week-2:

(2/14/24 – 2/20/24)

- 2/26/24 (Mon) - In-person session @ 7:00pm

Program Week-3:

(2/28/24 – 3/05/24)

- 3/04/24 (Mon) - In-person session @ 7:00pm

Program Week-4:

(3/06/24 – 3/12/24)

- 3/11/24 (Mon) - In-person session @ 7:00pm

Program Week-5:

(3/13/24 – 3/19/24)

- 3/18/24 (Mon) - In-person session @ 7:00pm

Program Week-6:

(3/20/24 – 3/26/24)

- 3/25/24 (Mon) - In-person session @ 7:00pm

Program Week-7:

(3/27/24 – 4/02/24)

- 4/03/24 (Wed) - In-person session @ 7:30pm *(Please note later start time)*

****In-person session moved to Wed (4/3/24) due to Easter holiday observed on 4/1/24****

Program Week-8:

(4/03/24 – 4/09/24)

- 4/08/24 (Mon) - In-person session @ 7:00pm

Program Week-9:

(4/10/24 – 4/16/24)

- 4/15/24 (Mon) - In-person session @ 7:00pm

Final Preparation:

(4/17/24 – 4/18/24) and (4/19/24 – 4/20)

- 4/17/24 (Wed) - In-person session @ 7:30pm *(Please note later start time)*

RACE DAY:

2024 DSANV Spring Sprint 5K:

- 4/21/24 (Sun) - In-person Event @ 8:00am
- Location: **Occoquan Regional Park**
[9751 Ox Rd.](https://www.dsanh.org/aim-higher-2-1-challenge/)
[Lorton, VA 22079](https://www.dsanh.org/aim-higher-2-1-challenge/)



For questions and/or assistance please email AIMHIGHER2.1@dsanh.org.

<https://www.dsanh.org/aim-higher-2-1-challenge/>