How long has Brigid enjoyed cooking or is this the first time she has started cooking?

Brigid has enjoyed cooking and baking in particular for many years. Brigid prefers baking sweet treats, but also converting recipes so that they're gluten-free.

Does she have a favorite thing to cook?

Brigid made créme brûlée for Christmas dessert and we talk about how delicious it was *all* the time!

Does she help with grocery shopping or meal planning?

Brigid likes to go grocery shopping and sometimes she helps by ordering online so we just pick it up. Brigid helps with cooking vegetables, preheating the oven, and measuring out liquids.