

How long has he enjoyed cooking?

THOMAS HAS ALWAYS ENJOYED COOKING. HE HAS CELIAC DISEASE SO WE COOK A LOT AT HOME. HE HAS ALWAYS BEEN INTERESTED IN FOOD AND LOVES TO TRY NEW THINGS.

Does he have favorite things he likes to cook?

THOMAS LIKES TO COOK EGGS AND HE REALLY LIKES TO MAKE HIS OWN LUNCH. HE'S VERY CREATIVE WITH HIS SANDWICHES AND LOVES TO EAT LEFTOVERS. THOMAS JUST LEARNED TO MAKE MEATLOAF AND HELPED HIS DAD COOK STEAKS ON THE GRILL LAST NIGHT ALONG WITH BAKED POTATOES. HE ALSO PREPARED A TOMATO SALAD AND CUT FRESH BASIL FROM OUR GARDEN.

Does he help plan and cook family meals?

YES, THOMAS HELPS WITH THE WEEKLY LIST OF MEALS FOR THE WEEK. WE WRITE THEM ON OUR WHITE BOARD. HE IS STARTING TO HELP WITH DINNER MORE OFTEN AS HIS COOKING SKILLS HAVE IMPROVED. HE ALWAYS HAS IDEAS ON HOW TO IMPROVE A RECIPE!

THOMAS ADDS:

THOMAS SAYS HE LIKES THE ADAPTIVE TOOLS THAT YOU USE DURING COOKING CLASS. WE HAVE A DRAWER FOR HIS TOOLS IN OUR KITCHEN AND HE HAS SHARED SOME TOOLS WITH HIS CLASS AT SCHOOL WHEN THEY HAVE DONE COOKING LESSONS. HE SAYS HIS FAVORITE RECIPE FROM COOKING CLASS HAS BEEN THE QUICHE YOU MADE YESTERDAY.