

Do you help prepare meals at home?

*Paul's Response: I help fix meals all the time. I can fix eggs or peanut butter and banana toast for breakfast and I can make salad on my own. I usually clean, peel and cut vegetables for meals, but I don't like cutting onions because they make me cry. I sauté veggies and meats for meals, and I like to bake, especially cookies.*

How long have you enjoyed cooking?

*Paul's Response: I have cooked with my mom and grandma since I was old enough to stand on a chair to help. I loved culinary arts class with Chef Allen at Pulley Career Center. My mom says I hum when I cook, which means it makes me really happy. This spring was my first time in the DSANV Cooking Class. It was fun, and my family really likes the recipes we made in class.*

What is his favorite thing to make?

*Paul's Response: My favorite food to make is burgers on the grill. My dad, Kevin, is my assistant, but I am really good at flipping the burgers and making sure they don't burn.*