Overview of Relationshape Circles

PURPLE - PERSONAL SPACE
The Purple Space is the "me" space. Our personal boundary, though invisible, is around us whether we are in our room at home alone or walking down the street. Imagine you have a hula hoop around you. In the Relationshape class the concept of personal space is also introduced. Students learn that they are the very center of their own world of relationships and are entitled to their own physical space and thoughts.

BIG HUG CIRCLE - FAMILY THAT LIVES WITH ME
This circle is for my family that lives with me, my parents, brothers, sisters and step families. These are the people I live with and love the most. We know each other very well. It is loving but not romantic. We can talk about anything and I trust them completely.

FAR AWAY HUG CIRCLE - EXTENDED FAMILY AND FRIENDS
The people in the Green Circle include family members we don't see as often as their immediate family. This includes cousins, aunt, uncles and grandparents. Best Friends are in the Green Circle. These hugs are loving but not romantic. I trust people in my Far Away Green Circle. We talk about things that are happening in my life, like school and activities.
HANDSHAKE CIRCLE - TEACHERS, CLASSMATES AND COACHES
We greet our teacher or boss formally with a handshake. We greet our classmates less formally, with a high five or fist pump. These are people we don't know well so we don't share personal thoughts and feelings. We are polite and friendly, but our touch is not close or romantic.

WAVE CIRCLE - NEIGHBORS AND SMALL CHILDREN
People in the Orange Circle are acquaintances. These people you may recognize because they live on your street and they may include small children who you see play outside. We are polite to these people and we greet them with a wave, nod or smile. We don't play with these children because they're much younger than us.

STRANGER SPACE
HEALTHCARE WORKERS, POLICE, FIREMEN, REPAIR TECHNICIANS
Community helpers, like healthcare workers, police officers and firemen are strangers that we know by their job. We have business touch with them like getting shots or listening to heartbeats or breathing with a stethoscope. We share medical talk with HealthCare Workers that keep us safe and healthy. We respect Police, Firemen and Repair Technicians for their expertise. We trust them only to do their job. If we are uncomfortable we ask them to stop, and we can ask someone in our family, our Blue Circle to be with us when these community helpers touch or talk to us.

TOTAL STRANGERS - PEOPLE YOU SEE IN A STORE OR ON A BUS.
This group of people in this red stranger space are total strangers. These are people we might pass as we walk in the mall or ride on a bus. We do not know them at all. We don't touch the people in this circle and we don't talk to them. We don't trust them not to hurt us.