

Jess and I have been cooking a little together for a couple of years. Every Saturday is our blueberry pancake breakfast and every fall pumpkin bread. When Cooking club opened last summer I couldn't wait for us to participate in hopes of expanding the limited items Jess feels comfortable helping with and used to making. This class has taught us both so many techniques I never would have known about along with healthy recipes we can actually use. Jess loves meatball subs -so do I. The recipe for this is fast and delicious. All you need are some frozen meatballs, rolls, marinara sauce and some cheese. Microwave the meatballs, sauce and cheese, and there you go! Great for lunch and even a dinner with a side salad.

Jess gets excited knowing she can now help make not only pancakes, but also lunches and dinners too. At the end of the meal she now says, "We're good cooks"!