

Customized Breakfast Casseroles

Preheat oven to 350

You can use one 9 x 13 baking dish or two square 8 x 8 baking dishes.

Spray both Pyrex dishes with cooking spray



Pick your base, use what you have in the house

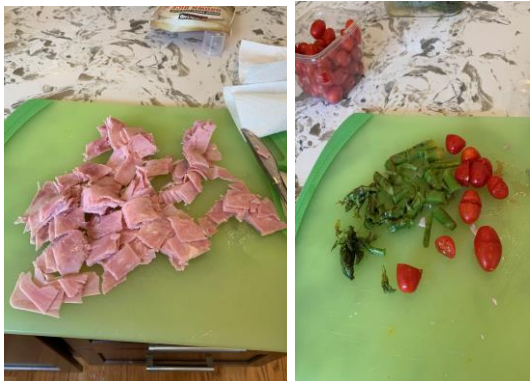


Crack 1 dozen eggs and mix in 1 cup of milk in a large bowl
Whisk together, add salt and pepper

Put half the egg mixture in each baking dish, so the tater tots and quinoa are covered. You can be creative with your base.



For Tater Tot casserole- cut ham using a plastic knife. For the quinoa casserole cut asparagus and cherry tomatoes, You can use any vegetables you have in the refrigerator.



Top the Tater Tot casserole with cheddar cheese, and the quinoa with Parmesan cheese



Cook each casserole for an hour at 350 degrees

