

## DSANV Featured Chef: Interview with Sofia Puritano



Sofia's interest in baking and cooking started while she was in elementary school. Whenever her parents are at the stove or oven preparing a meal or baking a special treat, she always makes her way to the kitchen to ‘supervise’ the action. Her first creations included chocolate chip cookies and cupcakes. She also enjoys baking and decorating Christmas cookies every year with her Girl Scout Troop. Over the past year, when her parents come down to make breakfast on a Saturday morning, it would not be surprising to find her with a cup of yogurt and a fresh fruit salad that she prepared.

Sofia’s favorite TV channel is the Food Network and she loves cooking shows like “The Pioneer Woman.”

DSANV's “Cooking Club” happened along at a perfect time since Sofia was so interested in cooking. This class was offered by the DSANV at the Fairfax office on Saturday mornings last summer. Sofia looked forward to seeing her friends and learning how to prepare a variety of simple meals. The social aspect of the cooking class has made Sofia even more interested in cooking.

Her family is excited to experiment with new recipes as Sofia learns lifelong skills of cooking. Sofia showed off her baking skills for a school project - see her in action in the youtube video: <https://youtu.be/9GJ9fxyOXnI>